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## BOT CANDIDATE WRITTEN INTERVIEW

Questionnaires are only accepted when completed as word documents. Contact the F.W.S. Office or BDC if you need the electron version.

### SECTION A. S.L.A.A. QUALIFICATION

A-1. Are you applying for the Board of Trustees (BOT) as an [circle all that apply]:  
• S.L.A.A. Member • Non-Member • Returning BOT member

A-2. How long have you been a member of S.L.A.A.?

Nov 2013

• Please explain any lapses of membership.

none

A-3. What are your bottom-line behaviors?

No solo masturbation, no going into my old business,  
no sexual relations outside of a committed monogamous  
relationship

A-4. What is your current, continuous sobriety date?

11/20/2013

A-5. Have you worked the entire 12 Steps with a sponsor?

☒ Yes • No

• If Yes, please describe. If No, please explain.

Worked steps 1-4 w/ First Sponsor - continued w/ new Sponsor  
who I've been with since 2015 (approx). Also participate in  
2 ~~annual~~ 12 step focused retreat weekends every year

A-6. Do you currently have a program sponsor and/or service sponsor?

☒ Yes • No

• If Yes, how does your sponsor relationship work? If No, please explain.

Just asked someone to be there as a check in  
service sponsor

A-7. How often do you attend S.L.A.A. meetings?

1-3x per week in person

A-8. What, if any, service positions have you held within S.L.A.A.?

mtg level: chair, treasurer, literature I & level: graphics chair +  
retreat chair Committees: CMRC, CSC + CSRC + CCC

A-9. Have you served on any S.L.A.A. Conference Committees?

☒ Yes • No

BDS Approved 19Jul17



• If Yes, what committee did you most enjoy and why? If No, please feel free to explain.  
Sponsorship (csrc) have been with for 6 yrs. Enjoyed creating new project of literature and workshops on the topic

A-10. Helpful S.L.A.A. resources include the S.L.A.A. Basic Text, the FWS Website (www.slaafws.org,) the FWS Newsletter, the Journal magazine, the Conference Service Manual (CSM) and the Corporate By-Laws.

• Please describe your familiarity with these resources.  
Familiar on a 10 (1-10 rating) of all except Bylaws of which I'd give a 1-2 to familiarity

SECTION B. PROFESSIONAL SKILLS

B-1. What business or professional experience, if any, do you have? (i.e. accounting, audit, commerce, human resources, information technology, legal, management, etc.)  
Graphic design, planning and organizing retreats, fundraisers, craft fairs, adobe programs, google docs, sheets & forms

B-2. Have you worked at a nonprofit agency or have other volunteer experiences?  
no - work yes - volunteered for a sober living home teaching photography (although pre-SLAA days)

B-3. Have you done service work or been on a BOT outside of S.L.A.A.? If so, describe.  
no

B-4. This question is to give us an idea of what additional skills/resources you have that would be useful for serving on the BOT.

- |   |                                      |                          |
|---|--------------------------------------|--------------------------|
| Are you comfortable writing and editing documents?                  | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Are you willing to carry on business discussions using email?       | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Have access to email?   | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Have access to the internet?  | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Have your own personal computer in order to ensure confidentiality? | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Are you willing to register an email address with Google Groups?    | <input checked="" type="radio"/> Yes | <input type="radio"/> No |
| Are you willing to adapt to new technology?                         | <input checked="" type="radio"/> Yes | <input type="radio"/> No |

• Please feel free to explain any special circumstances:



## SECTION C. INTERPERSONAL SKILLS

C-1. In service at the group level, healthy interpersonal skills can be a deciding factor in effective communication and collaboration. How do you define the key elements of healthy interpersonal skills?

Communication is how any and all types of relationships can be successful. Without communicating including asking for help, concepts/ideas and other situations will be delayed or not executed well.

- What are your personal strengths here?

Open minded, but strong minded — very willing to share my ideas & inputs. willing to lead, create and execute "sample" ideas for visual purposes.

- What are your weaknesses?

Strong minded and wanting to know I've been heard even if my suggestion is not taken

C-2. Give some examples of team or group work you've done involving group level decision-making.

Adding new verbiage to meeting formats — making sure literature is stocked so newcomers have opportunities to buy or receive lit. ordering effectively!

- Please describe how your interpersonal skills contributed to group level decision-making in these examples.

Leading a group @ a business mtg by offering a suggestion like "Let's have at least three of each pamphlet available"

C-3. Describe your understanding of group conscience.

The majority is what stands for the specific decision being discussed or voted on.  
HBP plan at the given time

C-4. Would you give an example of a situation involving conflict where you felt you were most and least successful?

- Most: Challenging decisions "on the spot" & vulnerable at 2023 ABM as facilitator, but with support of others and speaking up @ the CCC hybrid call during ABM

• Least: choosing to stop attending a regular in person mtg. Based on lack of kindness & support from existing long time members who were acting how they were behaving. I felt heard.



C-5. The BOT recommends that BOT candidates serve at least three months on a BOT committee or BOT subcommittee in preparation for BOT service. Have you served on a BOT committee?

• Yes • No

• If Yes, what were your contributions? If No, please feel free to explain.

BTC - very active prior to 2024 ABM  
 BOC - a few years ago, but don't recall my involvement  
 or who was with me

#### SECTION D. ACCOUNTABILITY / RELIABILITY / AVAILABILITY

D-1. Is there anything foreseeable that may stand in the way of your fulfilling this service commitment if you were elected/confirmed to the BOT?

My m-F job hours are not known. Morning commitments  
 m-F for service will likely be missed.

D-2. Have you ever chosen to step back from a service/professional commitment? If so, please explain.

I have stepped down ~~down~~ as chair and co-chair  
 of CSPC to both allow rotation of service and to  
 give more time to subcommittee project

D-3. At a minimum, the BOT has up to 12 two- to three-hour BOT meetings per year by conference call. These meetings are typically on Saturday mornings beginning as early as 7:30 a.m. PT, 10:30 a.m. ET. The BOT uses emails extensively for discussions and conducting business. Each BOT member is also expected to serve as BOT liaison to several Conference committees which meet at least once a month. Also, this BOT may have international members which means that each person must occasionally sacrifice convenience in order to accommodate all members on a call. Given this framework:

as of 2 August 2025 - the answers are the same

• Are you able to adjust your schedule and are you willing to do so gracefully? • Yes • No

• If you are traveling, are you willing to arrange to be on a call while away? • Yes • No

unless on a plane or car w/out communication avail.

• Describe your availability to meet on weeknights, weekdays and weekends.

Flexible evenings. I have several in person SLAA  
 meetings as options, so I can attend @ least one if  
 there are service overlaps

D-4. You are expected to travel to the Annual Business Meeting each year. Do you have any restrictions for traveling?

• Yes • No

• If Yes, what are they?



(5)

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D-5. As a member of the BOT, your full name and address may be listed on the legal papers related to the non-profit corporation (*The Augustine Fellowship, Sex and Love Addicts Anonymous, Fellowship Wide Services, Inc.*), resulting in a loss of your anonymity, as these documents are public record. How do you feel about that and does it change your willingness to serve on the BOT?

No problem

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#### SECTION E. PERSONAL VALUES

Please write a 300 - 500 word essay for possible publication in the Journal magazine and/or the FWS Newsletter.

You may choose ONE of the following themes:

- ✓ E-1. How do you practice the 12 Steps, 12 Traditions and/or 12 Concepts in your everyday, personal life?
- E-2. Which Step/Tradition and/or Characteristic/Sign speaks most closely to your character defects and how do you find personal recovery?
- E-3. The Fifth Tradition states "Each Group has but one primary purpose—to carry its message to the sex and love addict who still suffers." What do you believe is the "message" of S.L.A.A., and how do our Traditions support translating such words into actions?

Note to applicants regarding this essay question:

- Please DO NOT refer to your BOT application in this essay in order to provide material suitable for publication in these outreach tools.
- Please DO share your experience, strength and hope for the greater S.L.A.A. Fellowship around the world.

Additional comments, questions, or information for your written interview are welcome.

I am open to serving 1 or 2 yr open BOT position

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## WRITTEN INTERVIEW – RETURNING BOT MEMBERS

[All sections are identical to the basic Written Interview except for section F where instead of an essay, responses are requested to the following questions.]

### SECTION F. BOT EXPERIENCE

F-1. If you have previously or are currently serving on the BOT, describe what were the most important things you learned during your previous term as a BOT member?

Working with others at all hours of the day or night is invaluable. The effort and enthusiasm of the group during 3+ hour board calls is beyond anything i could have imagined.

F-2. If you have previously served on the BOT, you have experience valuable to new BOT members. What information would you consider most valuable to share with new members in helping them adjust and become most effective throughout their term?

Patience, Patience - there are times some board members are more passionate about some topics than others. There will be times you just want to 'move it along,' but the amazing thing that occurs is everything happening in divine right order and timing with the group supporting this Fellowship in the best ways possible.

F-3. What was the most significant character defect you discovered about yourself while on the BOT?

Interesting, my character defect is also my character asset which is impulsivity (like responding to emails pretty quickly). I do this because I consider myself "action oriented." However, some things take longer to process, read, comprehend and don't require immediate responses.

F-4. In what ways has the BOT changed since your last term and how will you familiarize yourself with any changes that have taken place?

first term - appointed.

F-5. What is the most challenging or difficult issue you have dealt with and how did you resolve it, if you did?

I think deciding how emails that come in through FWS that include illegal activities and our disease need to be handled with local law enforcement and also finding compassion if the person is seeking help, even if they share it in a non-discreet way.

F-6. Describe some of your other challenges during your previous term.

There were more rewards. I think the challenges was keeping up on some of the longer email threads that required a lot of background information to be read and processed before being able to discuss it in full together

F-7. Describe some of your successes during your previous term.

Just the opportunity to work with a wonderful group and help make decisions for the Fellowship that no one knows exists unless they are in this position. We got to learn and grow together. To better ourselves and others in the process.