



2026 ABM ACTIVITIES

6th to 9th of AUGUST 2026



Make sure to check your time at worldtimebuddy.com



All S.L.A.A. members and non-members are welcome to attend all activities. Join us on Zoom using the GDVI link at the bottom of this flyer.

PRE-SESSION ACTIVITIES DAILY THURSDAY TO SUNDAY

Length: 45 minutes 7am CT / 12pm UTC



Meditation & Stretch

Start your day with intention and ease before business. This gentle session combines mindful breathing, light stretching, and grounding movement to awaken your body and calm your mind. Sign in to GDVI Zoom listed below.

AFTER-SESSION ACTIVITIES



7pm CT / 12am UTC

Day 1: Fact or Fiction

Day 2: Speaker Event

Day 3: ABM Bingo

EARLY REGISTRATION REQUIRED

- ◆ Registration closes one hour before we start—don't miss out!
✨ Register & donate at slaadvi.org/abmbingo ✨

Zoom Access here >

<https://abm.slaafws.org/LPC>

Updated 6 July 2026



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THURSDAY DAY 1 OF ABM



Fact or Fiction

Join Risa J., S.L.A.A. fellow from the Greater Delaware Valley Intergroup for an entertaining Ice Breakers activity

FACT: Risa is a stand-up comedian

Length: One hour



7pm CT Thursday
12am UTC Friday

FRIDAY DAY 2 OF ABM



Speaker Event

Hear from multiple speakers

Length: 75 minutes



7pm CT Friday
12am UTC Saturday

SATURDAY DAY 3 OF ABM

EARLY REGISTRATION REQUIRED

ABM Bingo Fundraiser

Tonight is Recovery Bingo using words we all know and love from the program. We're playing 5+ rounds, giving away prizes and fundraising!

- ◆ \$19.76 USD per bingo card (You can purchase more than one)
- ◆ Cards will be emailed before game time
- ◆ Registration closes one hour before we start—don't miss out!

✨ Register & donate at slaadvi.org/abmbingo ✨

Length: 5+ rounds



7pm CT Saturday
12am UTC Sunday

Zoom Access here >

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